
November 7, 2022

Dear Families and Patients of Amaranth Pediatrics,

I have some news for the families and patients of Amaranth Pediatrics. I want to express gratitude to you over the course of these years, as we weathered through a global pandemic, and two location changes. I am so grateful that I had the immense honor of serving you and your family from Chinatown and many other communities of NYC. I truly have the best families and patients.

However, with the past 2.5 years of the ongoing covid-19 pandemic - during which I quarantined in NYC for 70+ days of lockdown, weathered through office re-opening, PPE shortage, families' immense anxiety during school reopening (then subsequent closing) in the fall of 2020, covid vaccination effort in 2021, delta and omicron covid waves in fall/winter of 2021, and faced a tremendous amount of mental health impact among our most vulnerable patients - **it is with a heavy heart that I am leaving clinical medicine starting 12/1/2022.**

As some of you might know, my father passed away at the beginning of 2020, and I have an older brother with autism, who is completely reliant on family members to care for him. He was living with my elderly mother on the west coast during the pandemic, and after a few concerning injuries and health episodes, we decided to have them move back to the east coast to be near family. I will continue to set them up for safety and a good life plan.

In addition, while I am glad to have been there for you throughout the years, and certainly during the pandemic, being a last stop measure (especially in the face of tremendous mental health burden) has taken an enormous toll on my own mental health. As I teach my patients and families - without our health, it doesn't matter if we have good grades, or material money. So I am taking my own advice and making changes to improve my health and obtain treatment for burnout/moral injury. This is an issue across the board in healthcare, as many physicians suffer systemic exploitation such as bureaucratic nightmares and utter lack of appropriate resources (eg, immense difficulty getting our young patients mental health help). For more information, please go to the QR code on the last page and click on the online version of this letter for hyperlinks.

In that vein, for your (or your child's) ongoing medical care, I have found a lovely pediatrician to take over the practice. Many of you have already met Dr Chanel Li of Pure Pediatrics, who will assume the care of all patients at Amaranth Pediatrics as of December 1.

About Dr Chanel Li

Dr Chanel Li graduated from Texas College of Osteopathic Medicine, and completed her residency at Maimonides Medical Center. Prior to launching Pure Pediatrics in October of 2021, she worked at GoHealth Urgent Care Center, where she honed her skills as a pediatrician during the worst of the covid-19 pandemic. She emigrated from Guangdong, China at age 13, and has three children with her husband. Dr Li speaks English, Cantonese, and Mandarin.



Transition to Pure Pediatrics

What this means for you. Our front desk staff will make every effort to make this transition as seamless as possible for you. When you need to come in, you can still call our old number, 212-925-4993, or Dr Li's number, 212-796-2196, to make an appointment. Dr Li has much more expanded hours than I do - please check <https://purepediatrics.nyc>.

Insurance: prior to your visit, our staff (including Ivy and Amy) will ensure that your insurance information is up to date, and that your PCP is already assigned to Dr Li (if required by insurance).

Demographics: When you see Dr Li for the first time, the front desk staff will give you a copy of your demographics to make sure it is up-to-date, and you can fill in any missing information. You will also sign a short consent form so Dr Li can continue to treat you or your child (see "Treatment consent form" on <https://www.amarantnpeds.com/transition> - QR code on next page)

Office policies: **Dr Li requires that there is a parent, guardian, or a designated adult to accompany children under the age of 18 to all visits.** You may write down on the Pure Pediatric demographic form the individuals who are permitted to bring your children when you are unavailable to bring them (eg, an older sibling > 18 years, a grandparent, an auntie).

Communication with the office:

- **Phone:** you can continue to call our phone number 212-925-4993, or Dr Li's phone number 212-796-2196 (please save the number in your phone)

- **Email:** if you want to use email to communicate, please read the email consent on <https://www.amarantnpeds.com/transition>, which you will sign at the next appt. You may send all email to office@purepediatrics.nyc, and please allow for 2-3 business days for response. If you don't get a response, or would like a sooner response, please call either office number
- **SMS/Texting:** you may continue to text for appointment set ups, and simple prescription requests, etc at 646-580-8689. Please read the SMS/Texting consent on <https://www.amarantnpeds.com/transition>, which you will also sign at the next appt. Texting is not officially HIPAA compliant; so please do not send any information (including photos) that you wouldn't want anyone else to see or know. Please do not use texting for urgent matters, and allow for the next business day for a response. If you don't get a response, please call Dr Li's office or our number.

Medical Records: your records have been transferred to Dr Li, who will have access to your medical records. This way, when you come in for appointments and sick visits, she is able to view all of your previous records.

Well Check Appointment: **If you or your child have not had a well check appointment this year, please call 212-796-2196 to make an appt with Dr Li.** Her schedule is as follows:

Mon 10-5	Tue 10-5	Wed 10-5	Thur 10-5	Fri 10-5
Sat 10-4	Sun 10-4 (once a month)			

Au Revoir/再見

Many people ask me what I will be doing next. Firstly, I will rest and ensure my family members', and my own, health and well-being are in good shape.

If you would like to continue to receive updates from me, please go to <https://www.amarantnpeds.com/transition> and enter your information at the link. I will be sending out quarterly or biannual newsletters. Thank you for entrusting your care to me all these years.

This is not good-bye, rather, it's *au revoir*, which is the French word for good-bye ("see you again"), and 再見, which of course, is the Chinese word for see you again.



All the best,

Dr Wu

Transition information